

OUR MENTORSHIP & COACHING PROGRAMMES

Our aim is to support your success





Inspiring you to do the things you love

When the going gets tough, your passion will inspire you to carry on.







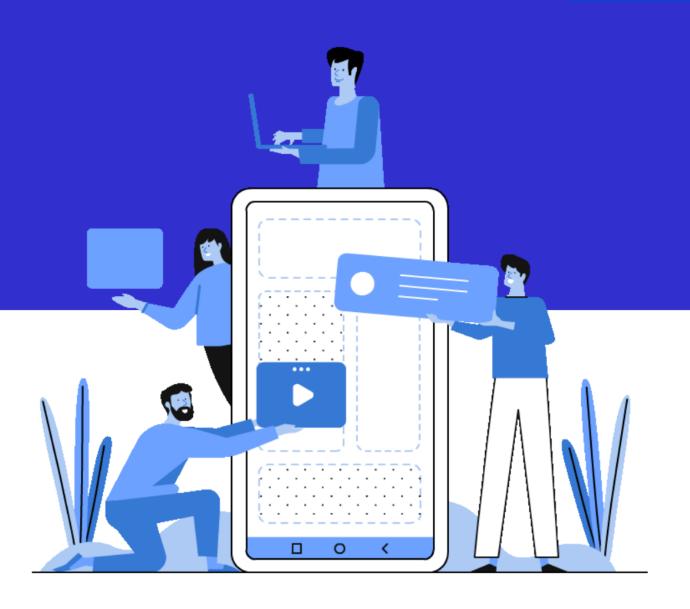
The right match

We help you find a mentor, coach or consultant anywhere around the globe with active experience in your field of interest and as passionate as you are in whatever you are pursuing academically or professionally.



Tailored sign-up

To understand your matching needs, whether mentor or mentee / coach or coachee, we need to find out some key criteria that we'll communicate to you once you get in touch.





Create plan

Once a successful match is established, a plan that is manageable and effective is agreed.







Build momentum

As you progress, you will be provided regular guidance and support along with timely nudges to keep you on track to achieve your milestones.

Measure Success

We will capture regular feedback to ensure an optimal experience for everyone involved.







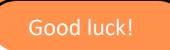
Start small before going all out

Obtain valuable knowledge and adapt it to your needs; evaluate your knowledge and fill any gaps; identify knowledge that adds value to your learning and development; validate your understanding; apply your learning by taking controlled and calculated risks; test new ideas on a small scale, listen to constructive feedback and build on what shows potential.



"Believe in yourself, be passionate about anything that you do and empower those around you."

That's bound to be the key to success.







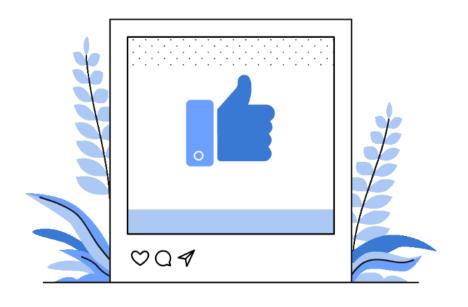


Get the word out there

If you're interested in becoming a coach, mentor, consultant;

If you're interested in being mentored, coached or seeking a specific consultation;

Let us know at PROJECTS@ANASUDAN.NET





www.anaSudan.net